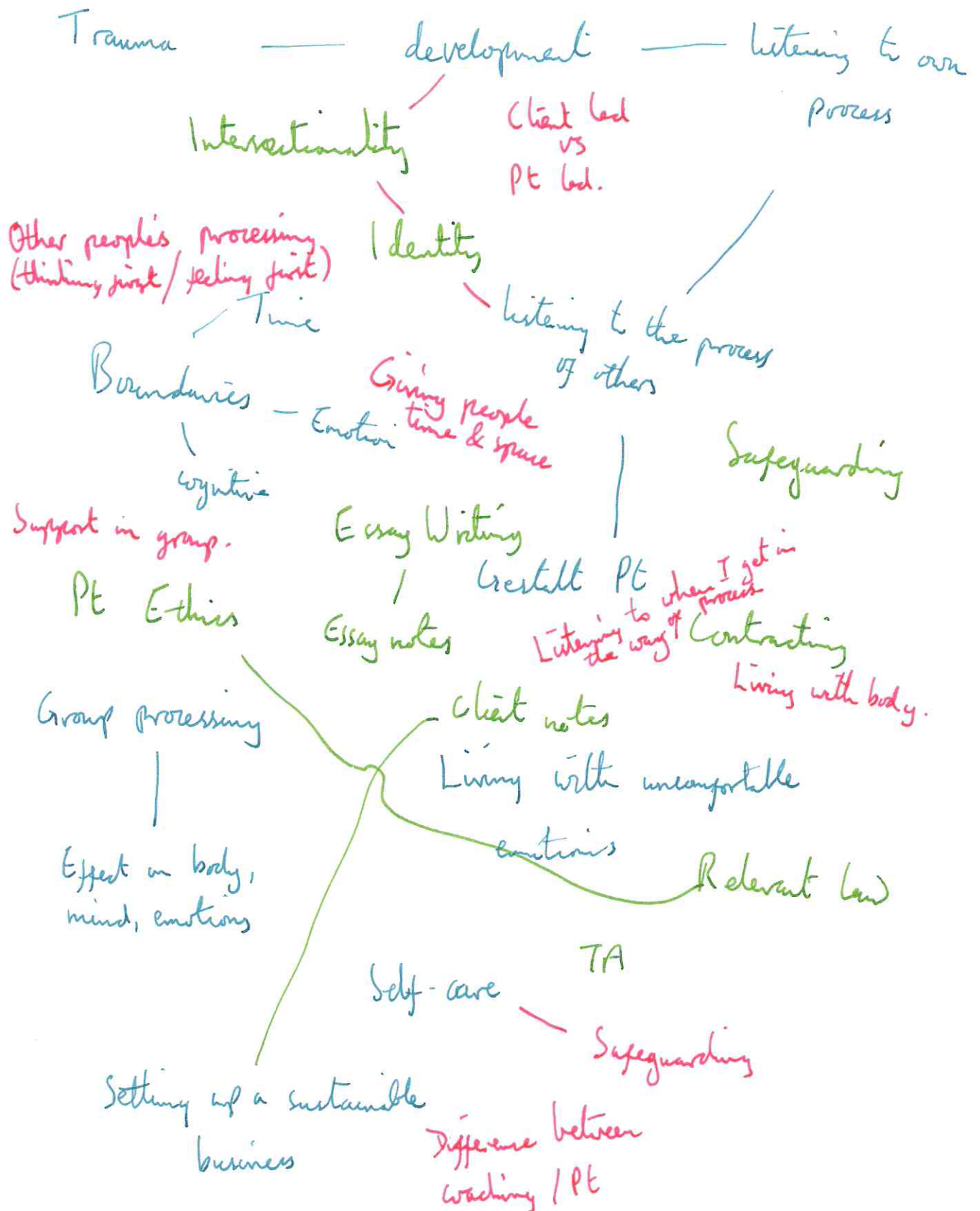


Module 7 days 1 to 3



What am I learning this year





What do I need to do.

How do you want to do business?

- 1) What is right in therapy / wrong?
What goes in my notes?

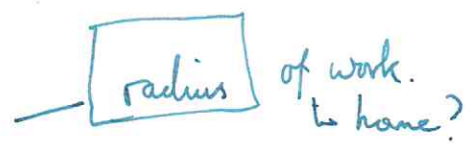
DBS - enhanced level - get on updated version

Maybe register it online.

Adults > 18 1:1.

2) Boundaries

- 1) Placement



WPI ATS
↓
See WPI app
+ letter for supervisor

- 2) ATS / Private Practice?
Recommending therapists to friends?

YLC > Mind

3 What saved it?

13-00
14-00?

Supervisor UKCP.
Harm reduction rather than AA Abstinence
"Motivational Interviewing"

4 What are the main questions you need answering this W/E?

Tapes
Affordable Therapy Service on the Website.
Initial Zoom call.

CD or rental walking

Talking the bag
Cefn Coed.
(Ty Cook)

Platform
Mind
Women's Aid
New Pathways

Website
Two reasons why people use it

want to help

(3)

Student to host

Really caring & wants to help you
Lots of lived experience

What are the BENEFITS for
the host (not your FEATURES)

Safe container

interests

Common daily stuff
(Bread & Butter)

USP - LGBTQ.

Day 2

1-7-23

Wright - Body Armouring — + creative adaptation

Kemper - Body
Body armour + personality types -

Plachoff - Body armouring — gestality $\Rightarrow$ Working with sexual abuse.
Healing Tasks.

Pierakos ? Eva or John ?

(see grid at back of book)

Gretall Body Work Ruella. — Workshops.

Trauma triggers can be anything.

Interesting in the Boy who was raised as a Dog - one trigger was 'Let's work on the car' - as it was used by the mother's abusive bf as a signal to the son that abuse was imminent.

≡ Trauma — keep at stage I until check boxes in all sageties.

Tape — really useful. to listen back to.

Use codes for diets, not NAMES, on tape recordings.

Must have recordings in your control.

Best learning tool.

Client Contact Sheet

Name

GP

Address

Preferred contact phone:

Previously seen Psych or other counselling services

Medications

What they want to work on

Breaking into your house.

Working

Storage

Notes contemporaneous. Written after session in 5 mins

Use code for client

Facts only — not opinions

eg Client discussed mother

Client was late

Write 2 or 3 sentences

Anything with name or code is admissible in complaint or court.

Do not put reported hearsay.

Do not write stories, hearsay or other people.

Initial them.

Can use "the diet reported".

Can ask diet to write family tree.

Store 6 to 7 yrs depending on insurance.

Notes on own process...

PLJ for supervisor... If you refer to diet the ADMISSIBLE in courts - so names & codes are a no-no.

After seeing ~~at~~ diets all day, I reflected that ...

plus include theory

+ what is the formulation.

Be reflexive → ie look at process.

↳ sentences on each diet each month

└ Age Do for living, live with

What session eg 8/20.

What did they come for? ~~as~~

Underlying interest eg shame regarding

Question for supervisor.

Kim Etheridge
compare ~~AA~~ reflective
& reflexive

NON identifiable

1st diet is under psychiatrist contact is good idea

BOT

need to contact various folk at WPI first.

We do neurosis & early trauma

Psychoses - no

Borderline is neurosis/psychosis overlap,

Checklists (see form)

.zip file

① All work in

② Confirmation of therapy hours.

31 hrs.

③

Read PLJ → Learning goals - 2 or 3
Personal Development Profile
Section 1 ←

On all documents.

Name + Yr

Yr submitting

+ as zip file too

Write to headings. 2 - ~~10~~¹⁰ from answer book.

See Journal p x for ~~the~~ evidence
Put in quotes

Reflection on course experience

↳ has reflected on this in PLJ

What happened to critical voice?

How did you get on with the staff.

"clients" refers to clients in PLJ.

experiential aspects = group process.

Theory

How theory is put into ~~force~~ ^{practice}

Your own process + ethics

WRITE TO THE

HEADINGS

Write them in

Send evaluation to Nicki (7. Trinee
Course
Evaluation)

8. no

9. Antu, so no.

10. Law + Ethics Module
+ Certificate.

Day 3 Module 7

2-7-23

Apply to affordable therapy service.

What name to trade under?

Social Media Do not Google clients!

Referrals OK

Sexual Assault, Child Abuse, Abusers.

↳ victims taking things to court / evidence

Current disclosure

Archaic disclosure

Ring Supervisor that
day + raising concerns
Park

hit symptoms
19 for PTSD

Dual Relationships
↓

Care on referrals -

"If this happens in practice"

On becoming a supervisor
Carol & Legal.

STOP therapy
(false memory)

Point to women
aid, etc

Notes open

Only looking at trauma
Not working with case

Implies event happened

Not confident you are within my skill-set.

```
graph TD; A[Not confident you are within my skill-set.] --> B[If placed, then their supervisor]; A --> C[ring supervisor]; C --> D[Insurance.]
```

Read WPI - 6 stages in infeguarding.

Insurance

- 1) Towgate Leeds.
(Best bargains)
- 2) Howdens (Most relational), ~ £40 per
- 3) Oxygen/O₂
Precise & factual
- 4) Balins
Cheapest - require strictest notes.

Get best you can afford.

Becoming trainee Member. → insurance

Placements have insurance.

Social Media

If paper only - No ICO

On computer — ICO

Put documents into control.

"Client Agreement"

How often fees go up.

Living Will / Clinical Executor.

eg other student:

① client contacts

② client phone

③ I am executor of X. I will find you a loan or offer support.

"We contracted to work on."

Tips are breach of ethics + alter power dynamics.

=

Sliding scale. — resentment over money or time goes to supervision.

2 no shows or no pays - do not see third.

Supervision Group or Individual

Record as individual equivalent.

See tutors (Julia) Advantages - knowgo system & you
Disadvantages "

You may need external supervision as well.

1 Consultative (coaching)

4 Process

2 Directive Learning

5 Developmental

3 Practice

6 _____

Types of supervision