



Statement of Participation

John Dray

Has passed this course including all mandatory tests for:

Online counselling: getting started

This 25-hour short course provides information on how to set up and provide safe and effective online counselling, including how to: establish remote counselling via video and/or phone; navigate technology, data protection, and contracting challenges; explore ethical practices; assess client suitability for online therapy; manage boundaries; work safely; and foster inclusivity and diversity. This course was developed by the OU in partnership with the Counselling and Psychotherapy Central Awarding Body (CPCAB) and aligns with the British Association for Counselling and Psychotherapy's (BACP) Online and Phone Therapy competency framework and the competencies set out in the Scope of Practice and Education (SCoPEd) framework.

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By studying this course, you gained:

- an understanding of key practical, technological and legal considerations for safe and effective online counselling
- awareness of key ethical considerations for working online
- an understanding of theory and research about how to assess client suitability for online counselling
- knowledge of key considerations and methods of initial and going risk assessment for both clients and counsellors in online counselling
- awareness of the ways Equality, Diversity and Inclusion are relevant to ethical online counselling practice
- an ability to reflect on the meaning of your own opinions, experiences, and practices in relation to digital communication technologies in terms of online counselling practice.