



bacp



Statement of Participation

John Dray

Has passed this course including all mandatory tests for:

Online counselling: advancing your knowledge

This 25-hour short course equips counsellors, psychotherapists, and trainees to advance their skills in delivering effective and safe video and phone-based counselling. It provides research-informed knowledge and support, focusing on essential aspects such as establishing the therapeutic frame remotely, understanding the psychological impact of virtual environments, emotional containment, risk management, and creative techniques for engaging clients at a distance. The course was developed by the OU with the British Association for Counselling and Psychotherapy (BACP) and approved by the Counselling and Psychotherapy Central Awarding Body (CPCAB).

Issue date: April 11, 2025

Issued by: The Open University

By doing this CPD course, you gained:

- an understanding of how to set up and manage a secure therapeutic frame in remote counselling
- awareness of the clinical impact of working remotely on clients and therapists in remote counselling
- an understanding of the specific nature and challenges of developing and maintaining the therapeutic relationship in remote counselling
- knowledge of the ethical and clinical considerations for containing/managing emotion and risk in remote counselling
- knowledge of different ways of engaging with creative methods and approaches in remote counselling.