

FINAL Teaching Matrix 2025/26

Date	Year 1	Year 2/3 rolling programme A	Year 4
12-14 Sept - Integrative ROSY 19-21 Gestalt MARIAN		A1 Developmental models	
26-28 Sept 2025	F1 Role of the therapist		M1 SETS / assessment
10-12 Oct 2025		A2 Attachment models	
24-26 Oct 2025	F2 Intro to gestalt		M2 Experiments / diagnosis
7-9 Nov 2025		A3 Developmental damage deficit and dysfunction	
28-30 Nov 2025	F3 3 Pillars		M3 Dreamwork / formulation
22 Dec 2025 – 5 Jan 2026	WPI closed for Winter Break		
16-18 Jan		A4 Gestalt -Working with transference phenomena from the gestalt perspective Integrative - Transference counter transference	
30 Jan -1st Feb	F4 Ethics		M4 Ethics & additional topic
13-15 Feb		A5 Research in psychotherapy	External venue required for A5
27 Feb - 1 March	F5 Models of Integration		M5 Existentialism / Spirituality
March 23-27	5 DAY CREATIVE MODULE ALL GROUPS		
April 1-13	WPI Closed for Spring Break		
15-17 May 2026		A6 Gestalt - Dialogic gestalt Integrative Integrative -Enquiry and attunement	
29-31 May 2026	F6 TA		M7 Clinical Intuition / transpersonal
12-14 June 2026		A7 Working alliance relationship assessment and relational risk	
26-28 June 2026	F7 Role of therapist 2 / safeguarding		M6 Endings